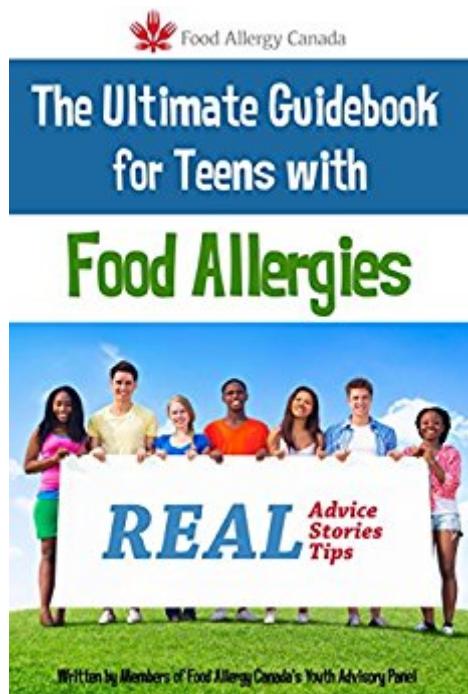


The book was found

The Ultimate Guidebook For Teens With Food Allergies: Real Advice, Stories And Tips



Synopsis

Food Allergy Canada's "The Ultimate Guidebook for Teens with Food Allergies" is the comprehensive guide for youth looking for more information on living with food allergies. The tips, stories and advice are written by youth, for youth and cover a large range of topics including: Dating with Food Allergies, Travelling, Dining Out, Recovering Emotionally After a Reaction, Bullying, Educating Others, Signs and Symptoms, And more! The 21-chapter book is beautifully illustrated by Katelyn Gerke and includes many research facts and opportunities to learn more. All of the content has been medically reviewed. This book was funded by a donation from TD Securities.

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Customer Reviews

The Ultimate Guidebook for Teens with Food Allergies is a great resource written very thoroughly. It provides great insight on how to manage allergies, signs and symptoms of anaphylaxis as well as how to live a fulfilling life as a teenager with allergies. This is a great book for teens with allergies, their parents and even their supportive friends! Don't miss out on this wonderful read!

Fantastic resource for teens with food allergies! One of a kind - highly recommend!

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The Ultimate Guidebook for Teens With Food Allergies: Real Advice, Stories and Tips ZONE DIET: Zone Diet Cookbook (Includes 50 Zone Diet Recipes For Every Meal) (Antioxidants & Phytochemicals, Food Allergies, Macrobiotics, Food Allergies, ... Zone diet food, Zone diet for beginners 1) Allergies: Fight Them with the Blood Type Diet: The Individualized Plan for Treating Environmental and Food Allergies, Chronic Sinus Infections, Asthma and Related Conditions Allergies: Fight them with the Blood Type Diet: The Individualized Plan for Treating Environmental and Food Allergies, Chronic Sinus Infections, ... Eat Right 4 Your Type Health Library) Real Estate: Learn to Succeed the First Time: Real Estate Basics, Home Buying, Real Estate Investment & House Flipping (Real Estate income, investing, Rental Property) Elimination Diet 101: A Cookbook and How-to Guide with Helpful Advice and 80 Easy, Quick and Delicious Recipes to Test for Food Allergies and Sensitivities Caring for Your Child with Severe Food Allergies: Emotional Support and Practical Advice from a Parent Who's Been There Food Intolerance & Allergy Tracker with Blood Sugar Log: (A Food Journal/Diary for Diabetics to Track Food Intolerances and Allergies) Natural Solutions for Food Allergies and Food Intolerances: Scientifically Proven Remedies for Food Sensitivities The Ultimate Food Allergy Cookbook and Survival Guide: How to Cook with Ease for Food Allergies and Recover Good Health Dating: Dating Advice for Women: Best 16 Dating Tips To Get The Guy, Understanding Men, Keep Him Interested and Avoid the Traps and Pitfalls Most women will never know about (Dating Advice)) 100 Exotic Food Recipes (Puerto Rican Food Recipes, Picnic Food Recipes, Caribbean Food Recipes, Food Processor Recipes,) Ouija Board Stories: Chilling True Horror Stories Of Ouija Boards Gone Wrong (Ouija Board Stories, Ghost Stories, True Horror Stories, Ouija Board Nightmares, Haunted Places Book 1) The Real Food Diet Cookbook: Gluten-Free, grain-free and real food recipes for losing weight, feeling great, and transforming your health Everyday Leadership: Attitudes and Actions for Respect and Success (A guidebook for teens) Beauty Tips: Simple Beauty Tips for all Girls, Teens and Women How to Survive and Thrive As a New Nurse - Real Nurses Pass On Their Essential Tips, Strategies and Practical Advice for Students and New Graduates (Become ... school gifts, Nursing school books Book 1) Grow Fruit Indoors Box Set: 22 Cultivating Tips to Make Your Own Garden With Extra Gardening Tips To Grow Your Favorite Exotic Fruits Plus Tips How to ... Set, Grow Fruit Indoors, Gardening Tips) The Total Food Allergy Health and Diet Guide: Includes 150 Recipes for Managing Food Allergies and Intolerances by Eliminating Common Allergens and Gluten Real Food, Fake Food, and Everything in Between: The Only Consumer's Guide to Modern Food

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